

Important things to know about medications

- Apply 2% Bactroban/Mupirocin ointment to both nostrils as prescribed (to help protect you from infections). You will be given a prescription, or one will be sent to your pharmacy.

Stop these blood thinners per prescribing physician's order:

Aspirin	Eliquis (apixaban)	Pletal (cilostazol)
Brilanta (ticagrelor)	Indocin(indomethacin)	Pradaxa(dabigatran/etexilate)
Coumadin/Jantoven(warfarin)	Lodine (etodolac)	Ticlid (ticlopidine)
Effient (prasugrel)	Plavix (clopidogrel)	Xarelto (rivaroxaban)

Stop over-the-counter blood thinners 1 week prior to surgery:

Advil (ibuprofen)	BC Powder	Motrin (ibuprofen)
Aleve (naproxen)	Excedrin	Multivitamin/Herbal Supplements
Aspirin	Midol	Vitamin E

It is ok to take Tylenol

Stop all arthritis medicine 1 week prior to surgery.

Celebrex (celecoxib)	Mobic (meloxicam)	Vimovo
Duexis	Nalfon	Voltaren (diclofenac)
Feldene (piroxicam)	Relafen (nabumetone)	Zorvolex

- Ozempic, Trulicity, Mounjaro, etc (GLP-1 agonist) should be held day of surgery if taken daily or 1 week prior to surgery if taken weekly.
- Stop Methotrexate, Humira, Xeljanz, etc (immunosuppressive medications) per surgeons' instructions. May resume when instructed.

Diabetic Patients – Hold Morning of Surgery:

Actos(Pioglitazone)	Glyburide(Diabeta, Micronase, Glynase)	Prandin (Repaglinide)
Avandia(Rosiglitazone)	Januvia (Sitagliptin)	Precose (Acarbose)
Glimiperide (Amaryl)	Glipizide(Glucotrol)	Starlix (Nateglinide)
Glycet (miglitol)	Oglyza(Saxagliptin)	Metformin (Glucophage, Fortamet, Glumetza, Janumet, Metaglip, Actos, Invokamet, Xigduo XR)

*Hold 3 days Before Surgery:

Jardiance (Empagliflozin)	Farxiga (Dapagliflozin)
Invokana (Canagliflozin)	Steglatro**Hold 4 days before surgery

- Do **NOT** turn off your insulin pump (leave it on your basal rate).
- Do **NOT** take your morning insulin injection the day of surgery.
- It is important **NOT** to eat or drink anything after midnight the night before surgery.
- You may take your blood pressure, anti-seizure, anti-anxiety, reflux, stomach medication, or prescription anti-migraine medication the morning of surgery with a small sip of water (as directed by your surgeon or nurse).